

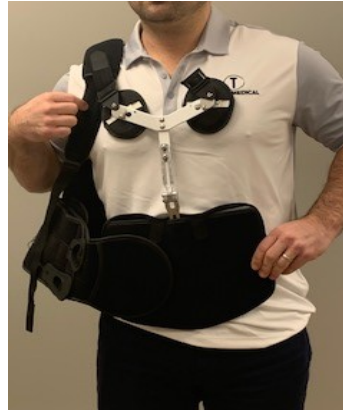
# Fitting & Care Instructions

**Model: DCT-0464**

Instructions on putting on brace:



Step 1: Open brace and lay flat on a table. Detach side wings from right and left to find your waist circumference and size.



Step 2: Loosen right shoulder strap and slide right arm through



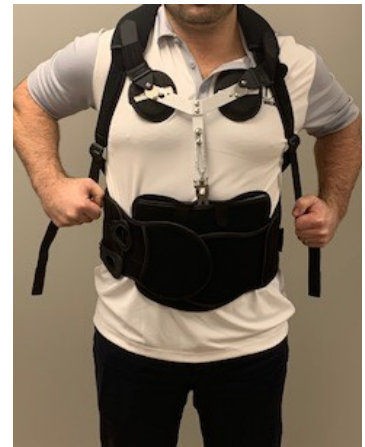
Step 3: Wrap side wings around waist and Velcro closed around your abdo-



Step 4: Loosen left shoulder strap and slide left arm through



Step 5: Buckle closed left chest clip attached to sternal pad kit (adjust both sides if needed).



Step 6: Tighten shoulder straps by pulling down on tension straps



Step 7: Find bottom pull tabs and pull to desired lumbar support



Step 8: Find rubber pull tabs in a heart shape. Pull to desired shoulder extension support.

## Care Instructions

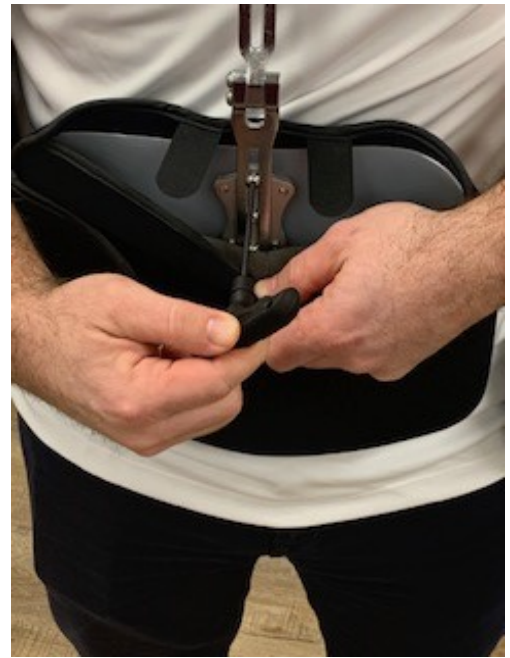
**Hand wash with a light detergent and air dry**



**TREND MEDICAL**



Step 9: Adjust height of the sternal plates by loosening the screws with the provided tools. Adjust up or down until desired placement is reached. You can take out the top screw to get extra height.



Step 10: For taller patients you may need additional height. To do this, open the anterior panel pocket and adjust the height using the provided tools. You can take out the top screw for extra height



Step 11: With the provided tool. Locate the screw heads on the side of the sternal bar. Turn counter clockwise until desired sternal support is reached on the patient.